

Aromatherapy Diploma

What is Aromatherapy

Aromatherapy is the systematic use of volatile plant oils known as essential oils for the treatment or prevention of disease. It is a form of complementary therapy designed to treat the whole person and not just the symptom or disease by assisting the body's natural ability to balance, regulate, heal and maintain itself.

Today, aromatherapy is one of the most popular of all complementary therapies, offering a wide range of highly effective treatments to both the acute and chronic



stages of illness and disease. At the same time, regular use of aromatherapy treatments and home-use products can help to strengthen the immune system, thereby establishing a preventative approach to overall health.

Course duration: 1 year

Key Features

Anatomy and Physiology /Pathology for Aromatherapists

History of Aromatherapy

Theory of Aromatherapy (essential oils and their therapeutic qualities)

Applied Aromatherapy

TCM -Traditional Chinese Medicine Diagnosis

Classical Aromatherapy massage techniques

The effects and benefits of Aromatherapy

Types of Aromatherapy Massage (Sports massage, Infant and Child massage, Lymphatic Drainage Massage, Shiatsu, Acupressure, Chinese Meridian massage)

Therapeutic relationship

Basic Nutrition and other complementary therapies

How to be a confident and successful practitioner

Practical Aromatherapy

Business skills, Law, and professional ethics

Prerequisites

Matriculation Certificate, Form Six, or equivalent academic and/or work experience.

Holistic massage course outline

Holistic massage course details

Recognition

Cyprus Alternative therapies Association

Recognition of Aromatherapy Training

Fully accredited by the, Cyprus Alternative Therapies Association Graduates holding T.O.I- diplomas are eligible to apply for Membership with British Aromatherapy Association U.K. and other EU countries professional Associations. For *Germany please read below:

EU –*Germany

Everybody who wants to practice Natural Therapies in Germany must take an exam set by a Government body. Once you have passed this exam you are allowed to call yourself a “Heilpraktiker” (Natural Health Practitioner). No matter if you practice Nutrition, Homeopathy, Herbal Medicine or Acupuncture, the exam is the same for everybody.

International Recognition

Each country has its own regulations which differ from state to state. If you are interested in a particular country, contact T.O.I office for more details.

Important information

Students that complete our Diploma in Aromatherapy Therapy gain a working know-how and qualification to establish themselves in private practice. All course materials are not included in the fee.

The course begins with theory modules, studied at your own pace, with interactive support and guidance from the Training Institute. To help you get the best understanding from the course and gain sufficient experience we offer specialized seminar, lectures, course workshops, practicums, research and also extra practical training under supervision and examinations .

The modules teach anatomy, physiology, diagnosis and treatment cover every aspect of starting and running your own practice.

In an enjoyable learning atmosphere you gain hands-on experience of patient management, treatment modalities and safety practice procedures (exclusive to this Institute). A lecture series runs alongside the clinical training to prepare you for actual practice.

This is a genuine opportunity for career change, and by charging realistic fees and justifying them by attentive service it is possible to earn at a good rate, either in a private therapy centre or by low-overheads domiciliary visiting.

Qualified Practitioners are recognized by a British Health Insurance Co for insurance cover of all aspects of practice. We will help you to grow and develop your practice by offering update and Continuing Professional Development opportunities.

You cannot call yourself a Medical Doctor, "Osteopath or Chiropractor " We train practitioners for independent self-employment in the private sector.

You are Aromatherapist Therapist